"To not be the student I was in school. Overweight and slow. I have lost 50+ lbs and now walk marathons."

"Helping students create healthy habits that empower them & build their confidence."

"Improving health of kids. A lot of food served is "convenient" food. Trying to improve that for the kids that are growing up with everything convenient to them."

"Our kids need us. They don’t all have people at home to teach them how to be active."

"Results proven from movement and nutritious eating."

"FUTP60 helps students understand that healthy eating / exercise leads to more efficient learners & brain power!"

"Meet them where they are. They all need to start."

"The program provides opportunities and resources for students to develop lifelong skills."

"Healthy habits for ALL! Adults and kids together."

"Planning for future generations to combat solitary lifestyles and a world of convenience."

"The prominent poor health of students. They’re struggling health wise."

"The thing that fuels me is the way movement influences thinking."

"WinnersDrinkMilk.com"