

Mango Lassi



INGREDIENTS

- 1-1/2 cups frozen DOLE Mango Chunks
- 1 cup vanilla lowfat yogurt
- 1/4 teaspoon ground turmeric
- 1/4 teaspoon freshly grated ginger or ginger paste

DIRECTIONS

Combine mango, yogurt, turmeric, and ginger in a blender. Cover; blend until smooth.



For more recipes- visit- <https://winnersdrinkmilk.com/>

This recipe adapted from <http://www.dolefoodservice.com/>